

### VOLUNTEERS NEEDED AT THE 8:30 AM MASS

In order to continue to schedule the 8:30 AM Mass, volunteers are needed to coordinate. Duties include: arrive at 8:00 AM to open up, set up the altar, station volunteers as ushers, lectors, etc. Training will be provided. Please contact the parish office if you are able to volunteer for this ministry.

### K OF C BICYCLE RAFFLE

The Knights are selling tickets to win two bicycles. The tickets are \$5.00 each with a chance to win one of the two bikes. Please see any Knight to purchase your tickets. The drawing will be held on Easter Sunday. You need not be present to win.

### GUIDELINES FOR LENT AND EASTER 2022

*Fasting* is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

*Abstinence* is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or the ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

**Ash Wednesday and Good Friday, April 15, are days of fast and abstinence. All the Fridays of Lent are days of abstinence.**

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

### IRA QUALIFIED CHARITABLE DISTRIBUTION

A Gift Anyone Can Make: Want to support your parish but think you cannot afford to give? There are ways to give today while still preserving your retirement assets. If you are 72 or over, a gift of a Qualified Charitable Distribution from your IRA directly to the parish helps the parish and provides you with tax benefits. Giving through your IRA is EASY! To learn how you can make an impact through your IRA right now, contact your financial advisor or Maggie Keenan at the Catholic Community Foundation, (804) 622-5221; email to Maggie at: [mkeenan@richmonddiocese.org](mailto:mkeenan@richmonddiocese.org).

### Parish Staff

<b>Pastor:</b>	Rev. J. Scott Duarte, J.C.D.	804-557-3962
<b>Secretary &amp; Bulletin Editor:</b>	Rose Reed <a href="mailto:seassecretary@verizon.net">seassecretary@verizon.net</a>	804-932-4125
<b>Parish Council Members:</b>	Greg Davis, Matt Luther, JoAnne Rial, Ginger Mary and Michelle Boyer	
<b>Finance Council Members:</b>	Greg Barlage, Harold Wayne, Irma Gregory and Paul Tran	
<b>Sacristan Emerita:</b>	Irma Gregory	804-932-8298
<b>Sacristan Assistants:</b>	Mary Brooks & Iris Davis	
<b>Parish Organist (Saturday):</b>	Amos Goldie <a href="mailto:amosgold@gmail.com">amosgold@gmail.com</a>	804-932-4125
<b>Parish Organist (Sunday):</b>	Position Open	804-932-4125

### Nine Days Novena to St. Joseph

Oh, St. Joseph, whose protection is so great, so strong, so prompt before the throne of God. I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers.

Oh, St. Joseph, I never weary of contemplating you, and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me and ask him to return the Kiss when I draw my dying breath. St. Joseph, Patron of departing souls—Pray for me.



## ST. ELIZABETH ANN SETON CATHOLIC CHURCH

2631 Pocahontas Trail, P.O. Box 648, Quinton, VA 23141

OFFICE: 804-932-4125 FAX: 804-932-8126

RECTORY: 804-557-3962

Email: [secretary@seascatholicchurch.org](mailto:secretary@seascatholicchurch.org)

Website: [www.seascatholicchurch.org](http://www.seascatholicchurch.org)

Facebook: [facebook.com/SEASCatholic](https://facebook.com/SEASCatholic)

Office Hours: M-F 9:00 AM-2:30 PM

### WEEKEND MASS SCHEDULE:

Saturday Vigil: 5:30 PM; Sunday: 8:30 AM & 11:00 AM

The Sacrament of Reconciliation is offered Saturdays at 5:00 PM and by appointment.

## The First Sunday of Lent March 6, 2022

**Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects.**

**Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.  
Amen.**



The Temptation of Christ in the Wilderness  
Juan de Flandes, 1500-04

### On the mission of the Church...

**“The parish is the presence of the Church in a given territory, an environment for hearing God’s word, for growth in the Christian life, for dialogue, proclamation, charitable outreach, worship and celebration. In all its activities the parish encourages and trains its members to be evangelisers.**

**It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey, and a centre of constant missionary outreach... to make them environments of living communion and participation, and to make them completely mission-oriented.”**

**From Pope Francis’ *Evangelii Gaudium***

## Parish Schedule

### Saturday, March 5—Vigil

5:00 PM—Confessions  
5:30 PM—Mass: Special Intention

### Sun., March 6—First Sunday of Lent

8:30 AM—Mass: Special Intention  
11:00 AM—Mass: People of the Parish

### Monday, March 7—Sts. Perpetua and Felicity

1:00 PM—RCIA Mtg. (SEAS Conf. Rm.)  
4:30 PM—BLAZE Mtg. (SEAS Conf. Rm.)

### Tuesday, March 8—Lenten Weekday

7:00 PM—"Surrender All" Women's Zoom Mtg.

### Wednesday, March 9—St. Frances of Rome

11:00 AM—Mass: Special Intention

### Thursday, March 10—Lenten Weekday

### Friday, March 11—Lenten Weekday

6:30 PM—Stations of the Cross (Church)  
7:00 PM—Lenten Soup Supper (Conf. Rm.)

### Saturday, March 12—Vigil

5:00 PM—Confessions  
5:30 PM—Mass: Special Intention

### Sun., March 13—Second Sunday of Lent

8:30 AM—Mass: Special Intention  
11:00 AM—Mass: People of the Parish

**\*Daily Mass is on Wednesday at 11:00 AM.**

## SEAS Parish Prayer List



**Please hold in prayer this week all the sick, suffering and home-bound of St. Elizabeth Ann Seton Parish, the Catholic Diocese of Richmond and the suffering and displaced in the Ukraine.**

"And the prayer offered in faith will make the sick person well."  
James 5:15

**Those who have died are remembered in a special way, especially those who passed away due to complications of COVID-19.**

### For an end to the pandemic:

*Let us pray, dearly beloved, for a swift end to the coronavirus pandemic that afflicts our world, that our God and Father, will heal the sick, strengthen those that care for them, and help us all to persevere in faith.*

*Almighty and merciful God, source of all life, health and healing, look with compassion on our world, brought low by disease; protect us in the midst of the grave challenges that assail us and in your fatherly providence, grant recovery to the stricken, strength to those who care for them, and success to those working to eradicate this scourge. Through Christ Our Lord.*

Amen.

## Parish Contributions

**If you are a registered SEAS parishioner and would like contribution information, please contact the parish office at 804-932-4125.**

**Donation options:** Sign-up for E-giving on the parish website at [seascatholicchurch.org](http://seascatholicchurch.org); mail your contributions to our mailing address: PO Box 648, Quinton, VA 23141; drop off contributions at Mass or to the parish office during office hours, M-F 9:00am-2:30pm.

**Thank you for your generosity and support!**

### MAR. 11TH STATIONS OF THE CROSS AND SOUP SUPPER

Stations of the Cross, in the Sanctuary, followed by a simple Lenten soup supper in the conference room has been scheduled for this Friday, March 11, at 6:30 PM.

Additional public Stations of the Cross in the Sanctuary and Lenten soup suppers will only be scheduled if volunteers become available throughout Lent. Please check the parish voicemail or website each week for updates.

### OUTDOOR STATIONS AFTER THE 8:30 AM MASS

Outdoor Stations of the Cross, following the Sunday 8:30 AM Mass is being offered each week, weather permitting. Please meet in front of the Church Commons door entrance after Mass. Hosted by John Bandino, 804-908-4296.

## Scripture Readings

### Saturday, March 5 Saturday after Ash Wednesday

Is 58:9b-14/Ps 86:1-6/Ez 33:11/Lk 5:27-32

### Sunday, March 6 First Sunday of Lent

Dt 26:4-10/Ps 91:1-2,10-15/Rom 10:8-13/Mt 4:4b/Lk 4:1-13

### Monday, March 7 Monday of the First Week of Lent

Lv 19:1-2,11-18/Ps 19:8-10,15/2 Cor 6:2b/Mt 25:31-46

### Tuesday, March 8 Tuesday of the First Week of Lent

Is 55:10-11/Ps 34:4-7,16-19/Mt 4:4b/Mt 6:7-15

### Wed., March 9 Wednesday of the First Week of Lent

Jn 3:1-10/Ps 51:3-4,12-13,18-19/Jl 2:12-13/Lk 11:29-32

### Thursday, March 10 Thursday of the First Week of Lent

Est c:12,14-16,23-25/Ps 138:1-2abcde,3,7c-8/Ps 51:129,14a/Mt 7:7-12

### Friday, March 11 Friday of the First Week of Lent

Ez 18:21-28/Ps 130:1-7abc,8/Ez 18:31/Mt 5:20-26

### Saturday, March 12 Saturday of the First Week of Lent

Dt 26:16-19/Ps 119:1-2,4-5,7-8/2 Cor 6:2b/Mt 5:43-48

### Sunday, March 13 Second Sunday of Lent

Gn 15:5-12,17-18/Ps 27:1,7-9,13-14/Phil 3:17—4:1/Mt 17:5/Lk 9:28b-36

## Parish News

### LIVESTREAMED MASSES

Due to COVID-19, Mass and Holy Days of Obligation are being livestreamed for use on our social media platforms and various Diocesan digital media accounts of the Catholic Diocese of Richmond and *The Catholic Virginian*. Photography and/or screenshot images may be used for *The Catholic Virginian* print edition.

### OFFICE CLOSING

The parish office will be closed from March 11-18. If you have an emergency that requires the presence of a priest, please call the rectory phone at 804-557-3962. Next weekend's bulletin will be a two week bulletin. The bulletin deadline will be Thursday, March 10.

### NUN RUN FOOD DONATIONS

On the first weekend of each month, there is a collection for our two communities of sisters, the cloistered Poor Clares in Barhamsville and the Little Sisters of St. Francis.

The Poor Clares are vegetarian but eat fish twice a week. They can use canned veggies, fruit, rice, flour, salt, canned tuna and salmon as well as paper products. The Little Sisters of St. Francis appreciate gelatin desserts, puddings, soups, canned goods, paper products as well as personal hygiene products for the mentally and physically handicapped residents they care for. They can always use towels and wash cloths for bathing the residents.

The next collection weekend is: **March 5/6.** Deliveries to the two communities of women religious occur on the Monday or Tuesday after.

### PRAYER FOR SPIRITUAL COMMUNION

*My Jesus, I believe that you are truly present in the Most Blessed Sacrament. I love You above all things and I desire to possess You within my soul. Since I am unable at this moment to receive You Sacramentally, come at least spiritually into my heart. I embrace You as being already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.*

## WEEKEND ACCOMPANIST POSITION

St. Elizabeth Ann Seton Parish seeks an enthusiastic individual to accompany on piano or organ our Saturday Vigil Mass and two Sunday Masses and various Holy Days.

Applicant should possess a strong knowledge and appreciation of Roman Catholic liturgy and a thorough knowledge of the principles related to service playing. The ability to work with various ages and musical abilities is also preferred.

Compensation will be commensurate with experience as per the Catholic Diocese of Richmond guidelines.

Interested candidates please send a resume with references to [seassecretary@verizon.net](mailto:seassecretary@verizon.net); P.O. Box 648, Quinton, VA 23141.

## JOURNEY TOGETHER: SYNOD ON SYNODALITY 2021-2023

Pope Francis has called upon the Church throughout the world to participate in a two year process called a synod. During his homily in October to formally open up the process culminating in the assembly of the Synod of Bishops in 2023, the Pope spoke about this "synodal journey" and the themes of "community, participation and mission."

The *Vatican News* and *Catholic Virginian* articles as well as additional information from the Diocese can be found on the parish website in the "Announcements" section.

The pastoral council will hold parish-wide consultative discussions after each Mass next weekend, March 12/13.

Themes and the accompanying questions will be shared with the faithful. Anyone who would like to stay after Mass is welcome to participate.

Responses from these parish-wide discussions will be summarized and shared with the Diocese in a requested survey due to the Diocese by March 28th. Thank you.



**Schedule:** K of C meetings are on the 1st and 3rd Thursday of the month at 7:30 PM in the SEAS Social Hall.

**Bicycle Drawing:** The Knights are selling tickets to win two bicycles. The tickets are \$5.00 each with a chance to win one of the two bikes. Please see any Knight to purchase your tickets. The drawing will be held on Easter Sunday. You need not be present to win.

**Thank You:** Thanks to all who joined us at the Shrove Pancake Dinner. It was a great turnout, and the pancakes and sausage were delicious. Thanks to all the Knights who made this event a success.

**Lenten Fish Fry:** On March 18 and April 8, 2022, the Knights will hold its Annual Lenten Fish Fry in the SEAS Social Hall. The price per plate will be \$11 in advance and \$12 at the door. There will be dine-in and take-out available from 5-8pm.

**Prayer Request:** Please remember in prayer: Mark Kulick, the Gillikin family, the Gothreau family, the Cashin family, the Almeida family, the Cason family, and all our military, law enforcement, first responders and their families.

**Membership:** To learn more about the K of C at St. Elizabeth Ann Seton Parish and all we do to help our pastor, parish and community, please contact GK Jeffrey Gargiulo at: [jrgarg55@yahoo.com](mailto:jrgarg55@yahoo.com). To learn more about the Knights of Columbus in Virginia, visit [kofc.org/joinus](http://kofc.org/joinus).

## DIocese of Richmond OFFICE OF THE BISHOP

Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the confidential Victim Assistance Reporting 24-Hour Number at 1-877-887-9603.