

POPE FRANCIS DECLARES YEAR DEDICATED TO ST. JOSEPH

VATICAN CITY—Marking the 150th anniversary of St. Joseph being declared patron of the universal Church, Pope Francis proclaimed a yearlong celebration dedicated to the foster father of Jesus. In a Dec. 8 apostolic letter, “Patris Corde” (“With a father’s heart”), the pope said Christians can discover in St. Joseph, who often goes unnoticed, “an intercessor, a support and a guide in times of trouble.”

“St. Joseph reminds us that those who appear hidden or in the shadows can plan an incomparable role in the history of salvation. A word of recognition and of gratitude is due to them all...,” he said.

The Apostolic Penitentiary, a Vatican tribunal that deals with matters of conscience, also issued a decree Dec. 8 stating that plenary indulgences will be granted to Catholics not only through prayer and penance, but also through acts of justice, charity and piety dedicated to the foster father of Jesus.

Among the conditions for receiving an indulgence are a spirit detached from sin, receiving sacramental confession as soon as possible, receiving Communion as soon as possible and praying for the Holy Father’s intentions.

However, the decree also highlighted several ways to obtain the indulgence throughout the year, including to those who “meditate on the prayer of the ‘Our Father’ for at least 30 minutes or take part in a spiritual retreat of at least one day that includes a meditation on St. Joseph.”

As a “just man,” the document continued, who guarded “the intimate secret that lies at the bottom of the heart and soul,” St. Joseph practiced the virtue of justice in “full adherence to the divine law, which is the law of mercy. Therefore, those who, following the example of St. Joseph, will perform a corporal or spiritual work of mercy, will also be able to obtain the gift of the plenary indulgence,” it said.

Indulgences will also be granted to families and engaged couples who recite the rosary together and thus imitate the “same climate of communion, love and prayer lived in the Holy Family.”

Other acts of devotion include entrusting one’s daily activities and prayers for dignified employment to St. Joseph, reciting the litany or any “legitimately approved” prayer to St. Joseph. During this time of pandemic, the Apostolic Penitentiary also decreed that special indulgences will be granted to the elderly, the sick and all those who “for legitimate reasons are prevented from leaving their home” by “reciting an act of piety in honor of St. Joseph and committed to fulfilling the conditions as soon as possible.”

REGULATIONS FOR FASTING AND ABSTINENCE

Fasting is to be observed by all 14 years of age and older, who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one’s needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Ash Wednesday and Good Friday are days of fast and abstinence. All the Fridays of Lent are days of abstinence.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

2631 Pocahontas Trail, P.O. Box 648, Quinton, VA 23141

OFFICE: 804-932-4125 FAX: 804-932-8126

RECTORY: 804-557-3962

Email: secretary@seascatholicchurch.org

Website: www.seascatholicchurch.org

Facebook: facebook.com/SEASCatholic

Office Hours: M-F 9:00 AM-2:30 PM

WEEKEND MASS SCHEDULE:

Saturday Vigil: 5:30 PM; Sunday: 8:30 AM & 11:00 AM

The Sacrament of Reconciliation is offered Saturdays at 5:00 PM and by appointment.

*Fourth Sunday of Lent
March 14, 2021*

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.



Christ Healing the Blind, El Greco, c. 1570

<i>Parish Staff</i>		
Pastor:	Rev. J. Scott Duarte, J.C.D.	804-557-3962
Secretary & Bulletin Editor:	Rose Reed seassecretary@verizon.net	804-932-4125
Parish Council Chairman:	Greg Davis	804-932-4125
Parish Council Members:	Greg Davis, Matt Luther, JoAnne Rial, Ginger Mary and Michelle Boyer	
Finance Council Chairman:	Greg Barlage	804-519-3276
Finance Council Members:	Greg Barlage, Harold Wayne, Irma Gregory and Paul Tran	
Sacristan Emerita:	Irma Gregory	804-932-8298
Sacristan Assistants:	Mary Brooks & Iris Davis	
Parish Organist (Saturday):	Amos Goldie amosgold@gmail.com	804-932-4125
Parish Organist (Sunday):	Position Open	804-932-4125

On the mission of the Church...

“The parish is the presence of the Church in a given territory, an environment for hearing God’s word, for growth in the Christian life, for dialogue, proclamation, charitable outreach, worship and celebration. In all its activities the parish encourages and trains its members to be evangelisers.

It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey, and a centre of constant missionary outreach... to make them environments of living communion and participation, and to make them completely mission-oriented.”

From Pope Francis’ *Evangelii Gaudium*

Parish Schedule

Saturday, March 13—Vigil

5:00 PM—Confessions
5:30 PM—Vigil Mass: Special Intention

Sunday, March 14—Fourth Sunday of Lent

8:30 AM—Mass: †June Micher
9:30 AM—Rel. Ed. Class (SEAS Social Hall)
11:00 AM—Mass: People of the Parish

Monday, March 15—Lenten Weekday

Tuesday, March 16—Lenten Weekday

Wednesday, March 17—St. Patrick

11:00 AM—Mass: †Joseph Micher

Thursday, March 18—St. Cyril of Jerusalem

Friday, March 19—St. Joseph

Saturday, March 20—Vigil

5:00 PM—Confessions
5:30 PM—Vigil Mass: †Tommy Biggerstaff

Sunday, March 21—Fifth Sunday of Lent

8:30 AM—Mass: †Lenny Brown
11:00 AM—Mass: People of the Parish

*Daily Mass this week is on Wednesday at 11:00 AM.

SEAS Parish Prayer List

Prayers to St. Joseph Proposed by the Holy Father:

*Hail, Guardian of the Redeemer,
spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.*

*Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy and courage,
and defend us from every evil. Amen.*

Glorious Patriarch Saint Joseph, whose power makes the impossible possible, come to my aid in these times of anguish and difficulty. Take under your protection the serious and troubling situations that I commend to you, that they may have a happy outcome. My beloved father, all my trust is in you. Let it not be said that I invoked you in vain, and since you can do everything with Jesus and Mary, show me that your goodness is as great as your power. Amen.

Parish Contributions

If you are a registered parishioner and would like contribution info, please contact the parish office at 804-932-4125. We wish to extend our thanks to all who are mailing in contributions & utilizing the website for electronic giving!

FINANCIAL STEWARDSHIP OPTIONS

The parish budget is 100% dependent on Offertory contributions. If you are able, please continue to support the parish through your donations:

- Sign-up for online e-giving through the parish's website at: seascatholicchurch.org and select the red "Donate Online" button at the top (<https://seascatholicchurch.org/support-your-parish/>).
- Mail your regular contributions to our mailing address: PO Box 648, Quinton, VA 23141.
- Drop your contributions off to the parish office during office hours. Thank you!

HOLY WEEK SCHEDULE (MARCH 27-APRIL 4)

- **Palm Sunday:** Saturday Vigil at 5:30 PM and Sunday Mass at 8:30 AM & 11:00 AM
- **Holy Thursday:** Holy Mass at 7:00 PM
- **Good Friday:** Liturgy of the Veneration of the Cross and Holy Communion at 7:00 PM
- **Easter Saturday:** Great Vigil of Easter and Mass of the Resurrection at 7:00 PM
- **Easter Sunday Mass:** 8:30 AM and 11:00 AM

Scripture Readings

Sunday, Mar. 14 Fourth Sunday of Lent

2 Chr 36:14-16,19-23/Ps 137:1-6/Eph 2:4-10/Jn 3:16/
Jn 3:14-21

Monday, Mar. 15 Monday of the Fourth Week of Lent

Is 65:17-21/Ps 30:2&4-6,11-12a&13b/Am 5:14/Jn 4:43-54

Tuesday, Mar. 16 Tuesday of the Fourth Week of Lent

Ez 47:1-9,12/Ps 46:2-3,5-6,8-9/Ps 51:12a,14a/Jn 5:1-16

Wednesday, Mar. 17 Wed. of the Fourth Week of Lent

Is 49:8-15/Ps 145:8-9,13cd-14,17-18/Jn 11:25a,26/
Jn 5:17-30

Thursday, Mar. 18 Thursday of the Fourth Week of Lent

Ex 32:7-14/Ps 106:19-23/Jn 3:16/Jn 5:31-47

Friday, Mar. 19 Solemnity of St. Joseph

2 Sm 7:4-5a,12-14a,16/Ps 89:2-5,27&29/Rom 4:13,16-18,22/
Ps 84:5/Mt 1:16,18-21,24a

Saturday, Mar. 20 Saturday of the Fourth Week of Lent

Jer 11:18-20/Ps 7:2-3,9bc-10,11-12/Lk 8:15/Jn 7:40-53

Sunday, Mar. 21 Fifth Sunday of Lent

Ez 37:12-14/Ps 130:1-8/Rom 8:8-11/Jn 11:25a,26/Jn 11:1-45

Parish News

PUBLIC MASS GUIDELINES

Occupancy 50% (70 Individuals):

Face coverings—All present for the liturgy ages 5 and older must wear a cloth face covering, as recommended by the CDC when present for any Mass or liturgical celebration.

Vulnerable category—Those in the vulnerable category (65+ and people who are immunocompromised) are encouraged to remain home per CDC recommendations.

Dispensation from the obligation to attend Mass—Due to the capacity limit for liturgies which limits the number of faithful who can attend Mass and recognizing that those in the vulnerable category should remain home, Bishop Knestout dispenses all of the faithful of the Diocese of Richmond from the obligation to attend Mass on Sundays and holy days until further notice.

Recorded Mass—will continue to be offered on our Facebook and web page for the present time.

The **5:30 PM Saturday Vigil Mass** is being recorded for use on SEAS and various Diocesan digital media accounts of the Catholic Diocese of Richmond, including, but not limited to, the websites of the Catholic Diocese of Richmond and *The Catholic Virginian*, and social media platforms of the Catholic Diocese of Richmond. Photography and/or screenshot images from the livestream may be used for *The Catholic Virginian* print edition.

If you do not wish to be captured by recordings, please refrain from attending the 5:30 PM Saturday Vigil Mass.

Church Entrance Questions:

- Do you or anyone in your household have a fever (temperature is 100.4 degrees or higher)?
- In the past two (2) weeks, have you or anyone in your household presented symptoms of COVID-19, such as a fever, chills, sore throat, cough, shortness of breath, muscle pain, nausea, vomiting or diarrhea, with no alternative diagnosis?
- Have you had a positive diagnostic test for the virus that causes COVID-19 in the prior 10 days?
- In the past two (2) weeks, have you or anyone in your household been exposed—less than six (6) feet for a cumulative 15 minutes over a 24 hour period—to anyone who has tested positive for or exhibited symptoms of COVID-19 (with no alternative diagnosis) without wearing the appropriate Personal Protective Equipment (PPE) as defined by the Centers for Disease Control and Prevention?

If any individual or household responds "yes" to any of the **Church Entrance** question or are **not wearing a cloth face covering (if they are age 5 and older), they are not permitted to enter the Church.**

Questions regarding public Mass should be directed to the SEAS Parish Office: 804-932-4125.

PRIVATE PRAYER & STATIONS OF THE CROSS

St. Elizabeth Ann Seton Parish is open for private prayer and private Stations of the Cross during office hours. As always, it is recommended that you check the parish voicemail at 932-4125 or the online calendar (<https://seascatholicchurch.org/>) for any changes in scheduling before heading over to the Church.

SEAS EMAIL LIST

If you have not been receiving our parish-wide emails, please contact the parish office so we can update your information and keep you in the communication loop. Some of our members have outdated email addresses that "bounce" back. Thank you!

2021 GRASS-CUTTING TEAMS

Come one and all for a service opportunity with plenty of fresh air and sunshine! Team members and substitutes are needed for the 2021 Spring/Summer grass-cutting schedule. If you were on the schedule last year and are again able to volunteer, or if you are new to the parish and would like to get involved, please contact the parish office at 932-4125. *Thank you!*

DIocese OF RICHMOND OFFICE OF THE BISHOP

Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the confidential Victim Assistance Reporting 24-Hour Number at 1-877-887-9603.



Schedule: Meetings have resumed virtually only, until further notice.

Prayer Request: Please remember in prayer: Jeffrey & Roberta Gargiulo, Levie Edmond, Leonard R. Rapozo, Cherie Gothreau & Wanda Pleva, Carol Trent, John (Jackie) J. Gothreau, Fred Graf, Joshua C. Gothreau, Cathy Iwaskey, Al Polson, Kate Nixon, Elizabeth Robertson, Tony Martinez, our law enforcement, military families, and those not known to us in need of prayers.

Membership: To learn more about the Knights of Columbus at SEAS Parish, please contact Membership Director, Tony Cassano at:

tony@gobucketlisttravel.com.
To learn more about the Knights of Columbus in Virginia, visit kofc.org/joinus.

FROM THE POOR CLARES: PRAYER INTENTIONS

Your Poor Clare Sisters are here on Mt. St. Francis praising God and interceding for His suffering people. We sincerely thank the members of St. Elizabeth Ann Seton Parish for your generosity. We pray daily for the needs of your parish and for your pastor, Father Scott Duarte. If you would like to entrust your special needs and intentions to our prayers, please feel free to contact us, using the following information: **Regular mail**—Bethlehem Monastery of the Poor Clares, 5500 Holly Fork Rd., Barhamsville, VA 23011 **Phone:** 757-566-1684

Email: mtstfrancis@gmail.com

To learn more about us, visit:

www.poor-clares.org.

PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are truly present in the Most Blessed Sacrament.

I love You above all things and I desire to possess You within my soul. Since I am unable at this moment to receive You Sacramentally, come at least spiritually into my heart.

I embrace You as being already there, and unite myself wholly to You. Never permit me to be separated from You.

Amen.