

GUIDELINES FOR LENT

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or the ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Ash Wednesday and Good Friday, April 10th, are days of fast and abstinence. All the Fridays of Lent are days of abstinence.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

Saint Roch

O God, who didst promise Saint Roch by an Angel that all who had recourse to him should have nothing to fear from pestilence and contagious maladies, grant that, through his intercession we may be delivered from all dangers of soul and body. Through Jesus Christ our Lord. Amen.
Saint Roch. Pray for us. Sorrowful and Immaculate Heart of Mary. Pray for us.

OFFICE OF VOCATIONS—MARCH 8, 2020

Second Sunday of Lent

“God has called us with a holy calling... According to His own purpose and grace.” Do you think God is offering you the grace of a vocation to the priesthood or consecrated life? Please contact the Vocations Office to speak with Father Brian Capuano: (804)-359-5661, or email: vocations@richmonddiocese.org.

RETURNING TO OUR FAITH MINISTRY

The SEAS Returning to Our Faith Ministry offers a compassionate and encouraging atmosphere for inactive Catholics to consider returning to our faith. The goal of the ministry is to reach out to inactive Catholics inviting them to join us for hospitality and discussion, giving them time to consider the stirrings of their hearts.

The “Catholics Come Home” program is intended to help bridge the sometimes intimidating obstacles to returning. The Faith Ambassadors from our parish will host an information session for inactive Catholics and/or parishioners that want more information, new date to follow soon.

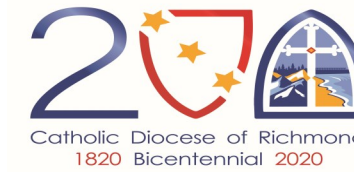
Please consider inviting neighbors, friends or family members that may benefit from our ministry to join us.

For additional information please contact Mrs. Donna Thomson at seas.dthomson@verizon.net.



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

2631 Pocahontas Trail | P.O. Box 648, Quinton, VA 23141
 OFFICE: 804-932-4125 FAX: 804-932-8126 RECTORY: 804-557-3962
 Email: seascatholic@verizon.net; Website: www.seascatholicchurch.org



Facebook: facebook.com/SEASCatholic
Twitter: twitter.com/SEASQuinton

Office Hours:
Monday-Friday 9:00 AM-2:30 PM

The Second Sunday of Lent
March 8, 2020



SEAS New Church Exterior

<i>Parish Staff</i>		
Pastor:	Rev. J. Scott Duarte, J.C.D.	804-557-3962
Secretary & Bulletin Editor:	Rose Reed seassecretary@verizon.net	804-932-4125
Parish Council Chairman:	Greg Davis pcchair@seascatholicchurch.org	804-932-4125
Parish Council Members:	Greg Davis, Matt Luther, JoAnne Rial, Ginger Mary and Michelle Boyer	
Finance Council Chairman:	Greg Barlage	804-519-3276
Finance Council Members:	Greg Barlage, Harold Wayne, Irma Gregory and Paul Tran	
Sacristan & Altar Guild Coordinator:	Irma Gregory	804-932-8298
Parish Organist (Saturday):	Amos Goldie amosgold@gmail.com	804-932-4125
Parish Organist (Sunday):	Position Open	

On the mission of the Church...

“The parish is the presence of the Church in a given territory, an environment for hearing God’s word, for growth in the Christian life, for dialogue, proclamation, charitable outreach, worship and celebration. In all its activities the parish encourages and trains its members to be evangelists. It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey, and a centre of constant missionary outreach... to make them environments of living communion and participation, and to make them completely mission-oriented.”

From Pope Francis’ *Evangelii Gaudium*

O God, who have commanded us to listen to your beloved Son, be pleased, we pray, to nourish us inwardly by your word, that, with spiritual sight made pure, we may rejoice to behold your glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Weekend Mass Schedule:

Saturday Vigil.....5:30pm
 Sunday.....8:30 & 10:45am

The Sacrament of Reconciliation is offered each Saturday at 5:00 PM and by appointment.

Parish Schedule

Saturday, March 7—Vigil Mass

5:00 PM—Confessions
5:30 PM—Mass: †Albert & Anna Kapalko

Sunday, March 8—Second Sunday of Lent

8:30 AM—Mass: Special Intention
9:30 AM—Rel. Ed. Classes Grades K-9
10:45 AM—Mass: People of the Parish

Monday, March 9—St. Frances of Rome

Tuesday, March 10—Lenten Weekday

Wednesday, March 11—Lenten Weekday

11:00 AM—Mass: Special Intention
11:30 AM—Ladies' Bible Study

Thursday, March 12—Lenten Weekday

Friday, March 13—Lenten Weekday

6:30 PM—Stations of the Cross (Church)
7:00 PM—Lenten Soup Supper (Conf. Rm.)

Saturday, March 14—Vigil Mass

5:00 PM—Confessions
5:30 PM—Mass: †Margaret Kirby

Sunday, Mar. 15—Third Sunday of Lent

8:30 AM—Mass: †Frank Mauro
9:30 AM—Rel. Ed. Classes Grades K-9
10:45 AM—Mass: People of the Parish

*Daily Mass will be on Wednesday at **11:00 AM**.

SEAS Parish Prayer List



Please hold in prayer this week all of our sick, homebound, public servants and service members.

Please keep everyone who is serving in Iraq and Afghanistan and their family members in your prayers.

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need.

And for all our dearly departed: May all those who have died rest in the Lord's eternal peace. Amen.

Parish Contributions

If you are a registered parishioner and would like contribution information, please contact the parish office at 804-932-4125.

"When you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you." - Matthew 6:3-4

Thank you.

SACRAMENT OF PENANCE (RECONCILIATION)

During Lent the faithful are urged to take a greater and more fruitful share in the Lenten liturgy by celebrating the Sacrament of Reconciliation. We will be having a **Lenten Penance Service**, with two priests available for individual confession, on **Tuesday March 17, 2020 at 7:00 PM**.

The children celebrating their 1st Reconciliation will go first, followed by their parents and any parishioners who wish to take advantage of this opportunity. Father Scott is also available for confession on Saturdays at 5:00 PM and by appointment.

IF IT HAS BEEN A WHILE SINCE YOUR LAST CONFESSION, REMEMBER, "DO NOT FEAR" (IS 41:10). THE PRIEST WILL HELP GUIDE YOU.

ALSO, FOR ADDITIONAL INFORMATION, VISIT:

WWW.USCCB.ORG/CONFESSION

Scripture Readings

Sunday, March 8 Second Sunday of Lent

Gn 12:1-4a/Ps 33:4-5,18-20,22/2 Tm 1:8b-10/Mt 17:5/Mt 17:1-9

Mon., March 9 Mon. of the Second Week of Lent

Dn 9:4b-10/Ps 79:8,9,11&13/Jn 6:63c,68c/Lk 6:36-38

Tues., March 10 Tues. of the Second Week of Lent

Is 1:10,16-20/Ps 50:8-9,16bc-17,21&23/Ez 18:31/Mt 23:1-12

Wed., March 11 Wed. of the Second Week of Lent

Jer 18:18-20/Ps 31:5-6,14-16/Jn 8:12/Mt 20:17-28

Thurs., March 12 Thurs. of the Second Week of Lent

Jer 17:5-10/Ps 1:1-4&6/Lk 8:15/Lk 16:19-31

Friday, March 13 Fri. of the Second Week of Lent

Gn 37:3-4,12-13a,17b-28a/Ps 105:16-21/Jn 3:16/Mt 21:33-43, 45-46

Saturday, March 14 Sat. of the Second Week of Lent

Mi 7:14-15,18-20/Ps 103:1-4,9-12/Lk 15:18/Lk 15:1-3,11-32

Sunday, March 15 Third Sunday of Lent

Ex 17:3-7/Ps 95:1-2,6-9/Rom 5:1-2,5-8/Jn 4:42,15/Jn 4:5-42

Parish News

ACCOMPANIST POSITION

SEAS Parish seeks an enthusiastic individual to accompany on piano or organ our two Sunday Masses and various Holy Days. Applicant should possess a strong knowledge and appreciation of Roman Catholic Liturgy and a thorough knowledge of the principles related to service playing. The ability to work with various ages and musical abilities is also preferred. Compensation will be commensurate with experience per the Diocese of Richmond guidelines. Interested candidates please send a resume with references to: seassecretary@verizon.net; or P.O. Box 648, Quinton, VA 23141.

COLD & FLU SEASON

Due to the severity of this year's cold and flu season, we will refrain from hand-shaking so everyone feels comfortable and we will only be having communion under one species. Eucharistic Ministers are asked to sanitize their hands just before distribution of Communion. Many Eucharistic Ministers bring their own sanitizer for this purpose but others can use a product which is available behind the Altar. Also, the Holy Water fonts have been emptied.

If you are not feeling well, please do not come to Mass. It is smart to stay home and attend to your health, and the obligation to attend Mass does not apply to those who are sick. Catechism 2181 allows for serious reasons like illness.

Our normal routine will resume once flu season has ended. Thank you.

STATIONS OF THE CROSS

During Lent we will be having Stations of the Cross on Fridays at 6:30 PM in the Church. Lay leaders are:
3/13/2020—John & Marilyn Loyo
3/20/2020—Burlyn & Deannette Rogers

3/27/2020—The Boyer Family

4/03/2020—The Ginter Family

A vegetarian soup supper will follow the Stations of the Cross in the Rel. Ed. Building. A sign-up sheet to donate soup is located in the Commons Area of the Church.

HOLY WEEK SCHEDULE

(April 5—April 12)

- **Palm Sunday:** Saturday Vigil at 5:30 PM and Sunday Mass at 8:30 AM and 10:45 AM
- **Holy Thursday:** Mass of the Lord's Supper at 7:00 PM
- **Good Friday:** Liturgy of the Veneration of the Cross and Holy Communion at 7:00 PM
- **Easter Saturday:** Great Vigil of Easter and Mass of the Resurrection at 7:00 PM
- **Easter Sunday Mass:** 8:30 AM and 10:45 AM

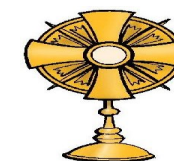
ADORATION ON THE SOLEMNITY OF THE ANNUNCIATION—MARCH 25

An invitation, an affirmation. Mary was invited by the Holy Spirit, and she said "Yes." God took on her flesh.

"Piously meditating on her (Mary) and contemplating her in the light of the Word made man, the Church with reverence enters more intimately into the great mystery of the Incarnation and becomes more and more like her Spouse" (LG, 65).

You are invited to a Holy Hour of Adoration of the Blessed Sacrament. Exposition will follow the 11:00 AM Mass on Wednesday, March 25.

"The Eucharist had so powerful an attraction for the Blessed Virgin that she could not live away from it. She lived in it and by it. She passed her days and her nights at the feet of her divine Son... Her love for her hidden God shone in her countenance and communicated its ardour to all about her." *St. Peter Julian Eymard*



Meeting Schedule: K of C Council 14034 meets the 1st and 3rd Thursdays of the month at 7:00 PM in the SEAS Hall. **Next meeting: Mar. 19th, General Meeting.** **Fellow Brother Knights, dinner will be served at each meeting so please consider coming to the meetings. We appreciate your support!

Prayer Request: Please remember in your prayers Jeffrey & Roberta Gargiulo, Levie Edmond, Leonard R. Rapozo, Agnes Cashin, Cherie Gothreau & Wanda Pleva, Carol Trent, Kevin Almeida, John (Jackie) J. Gothreau, Fred Graf, Joshua C. Gothreau, Cathy Iwaskey, Al Polson, Kate Nixon, Fr. R. Smith, Eileen Simzak, Elizabeth Robertson, Ann Gillikin, Ed Gillikin, Sr., Tony Martinez, our law enforcement, military families, and those not known to us in need of prayers.

Knight of the Month: K of C Council 14034 recognizes Gene Griffin as Knight of the Month for February. *Thank you Gene for all you do for our council and SEAS Parish!*

Family of the Month: Congratulations to the February Family of the Month, James and Alyssa Ginter & family. *Many thanks for all your help and support!*

Current Activities/Events: Lenten Fish Fry, Helping Hands at New Kent Senior Food Pantry, Food for Families Drive, Nun Run Support Purchases, Knights in Action Parish Support and Nun Travel Support.

Membership: To learn more about the K of C at SEAS Parish, please contact Membership Director, Jack Simzak; jrrsimzak@aol.com. To learn more about the K of C in Virginia, visit the K of C website at: kofc.org/joinus.

DIocese of Richmond Office of the Bishop

Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the Diocesan Victim Assistance Coordinator, Jennifer Sloan at 1-877-887-9603.