

GUIDELINES FOR LENT

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or the ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Ash Wednesday and Good Friday, April 10th, are days of fast and abstinence. All the Fridays of Lent are days of abstinence.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

2020 ANNUAL DIOCESAN APPEAL

Building Our Family of Faith

Welcome to the 2020 Annual Diocesan Appeal—*Building Our Family of Faith*. The 2020 Appeal will provide critical funding to three key areas of our Diocesan Church: Advancing Social Ministries, Cultivating Catholic Leadership and Empowering Parish Communities. Many of you have received a letter from Bishop Knestout asking for your support. For those of you who did not receive a mailing or have not had time to respond to it, we will conduct our in-pew pledge process this weekend. Thank you!

OFFICE OF VOCATIONS—MARCH 1, 2020

First Sunday of Lent

Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the state in life God has prepared for you? If you are considering a vocation to the priesthood or consecrated life, please contact the Vocations Office to speak with Father Brian Capuano: (804)-359-5661, vocations@richmonddiocese.org.

MARCH BIRTHDAYS

Best Wishes to all of our March "birthday babies" who are celebrating their special day during the month of March: Barbara Aguiar, Lynnette Almeida, Peggy Anderson, Dilman Andrick, Kendall Barrett, Shane Barrett, Michelle Boyer, Rose Branciforti, Alex Burmeister, Cathy Cashin, Jim Cunningham, Reid Eaton, Jacqueline Eckel, Thomas Eckel, Austin Flock, Henry Frantz, Kaitlyn Ginter, Peter Ginter, Shirley Hall, Lynne Hill, Syra Howington, Jackson Irby, John Leyo, Ginger Mary, Shawn Mary, Joe Mauro, Zachary McDonald, Lillian McElhinney, Cindy Mikelaite, Joe Morrell, Maureen Morrell, Courtney Murphy, Katie Murphy, Christine Ondish, Jim Ondish, Richie Poad, Meredith Quinn, Michael Robinson, Jacob Rogers, Daphne Segreto, Rachel Segreto, David Shields, Peter Skrinski, Aaron Sweeney, Clarissa Sweeney, JoAnne Terrell, Joel Trivette, Leslie Trivette, Eric Wagner, Clark Washnock, Donna Washnock, Lewis Washnock, Oliver Whitehead and Beverly Williams.

Happy Birthday!

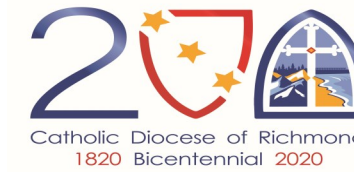
NUN RUN FOOD DONATIONS

This Sunday, *March 1st*, is our monthly food collection date for the Poor Clare nuns and the Sisters of St. Francis. Please drop off donations to the collections box in the Commons Area.



ST. ELIZABETH ANN SETON CATHOLIC CHURCH

2631 Pocahontas Trail | P.O. Box 648, Quinton, VA 23141
 OFFICE: 804-932-4125 FAX: 804-932-8126 RECTORY: 804-557-3962
 Email: seascatholic@verizon.net; Website: www.seascatholicchurch.org



Facebook: facebook.com/SEASCatholic
Twitter: twitter.com/SEASQuinton

Office Hours:
Monday-Friday 9:00 AM-2:30 PM

The First Sunday of Lent
March 1, 2020



SEAS New Church Exterior

<i>Parish Staff</i>		
Pastor:	Rev. J. Scott Duarte, J.C.D.	804-557-3962
Secretary & Bulletin Editor:	Rose Reed seassecretary@verizon.net	804-932-4125
Parish Council Chairman:	Greg Davis pcchair@seascatholicchurch.org	804-932-4125
Parish Council Members:	Greg Davis, Matt Luther, JoAnne Rial, Ginger Mary and Michelle Boyer	
Finance Council Chairman:	Greg Barlage	804-519-3276
Finance Council Members:	Greg Barlage, Harold Wayne, Irma Gregory and Paul Tran	
Sacristan & Altar Guild Coordinator:	Irma Gregory	804-932-8298
Parish Organist (Saturday):	Amos Goldie amosgold@gmail.com	804-932-4125
Parish Organist (Sunday):	Position Open	

On the mission of the Church...

“The parish is the presence of the Church in a given territory, an environment for hearing God’s word, for growth in the Christian life, for dialogue, proclamation, charitable outreach, worship and celebration. In all its activities the parish encourages and trains its members to be evangelists. It is a community of communities, a sanctuary where the thirsty come to drink in the midst of their journey, and a centre of constant missionary outreach... to make them environments of living communion and participation, and to make them completely mission-oriented.”

From Pope Francis’ *Evangelii Gaudium*

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Weekend Mass Schedule:
 Saturday Vigil.....5:30pm
 Sunday.....8:30 & 10:45am

The Sacrament of Reconciliation is offered each Saturday at 5:00 PM and by appointment.

Parish Schedule

Saturday, Feb. 29 —Vigil Mass

5:00 PM—Confessions
5:30 PM—Mass: Special Intention

Sunday, March 1—First Sunday of Lent

8:30 AM—Mass: People of the Parish
9:30 AM—Rel. Ed. Classes Grades K-9
10:45 AM—Mass: †Marlene Reynolds

Monday, March 2—Lenten Weekday

Tuesday, March 3—Lenten Weekday

Wednesday, March 4—Lenten Weekday

11:00 AM—Mass: †Sue Farkas & Family
11:30 AM—Ladies' Bible Study

Thursday, March 5—Lenten Weekday

1:30 PM—SEAS Knitting Group (Web of Hope)
7:00 PM—K of C Business Mtg.

Friday, March 6—Lenten Weekday

6:30 PM—Stations of the Cross (Church)
7:00 PM—Lenten Soup Supper (Conf. Rm.)

Saturday, March 7—Vigil Mass

5:00 PM—Confessions
5:30 PM—Mass: †Albert & Anna Kapalko

Sunday, Mar. 8—Second Sunday of Lent

8:30 AM—Mass: Special Intention
9:30 AM—Rel. Ed. Classes Grades K-9
10:45 AM—Mass: People of the Parish

*Daily Mass will be on Wednesday at **11:00 AM.**

SEAS Parish Prayer List



Please hold in prayer this week all of our sick, home-bound, public servants and service members.

Please keep everyone who is serving in Iraq and Afghanistan and their family members in your prayers.

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need.

And for all our dearly departed: May all those who have died rest in the Lord's eternal peace. Amen.

Parish Contributions

If you are a registered parishioner and would like contribution information, please contact the parish office at 804-932-4125.

"When you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you." - Matthew 6:3-4

Thank you.

LIVING OUR MISSION & NEW CHURCH FUND

St. Elizabeth Ann Seton Parish has received a check from the Diocese for the last quarter (Oct.-Dec. 2019) in the amount of \$9,297.56 from the Living Our Mission Capital Campaign. This has been added to the New Church Fund (minus final payment of \$2350.00 to De Stefano Architectural Group for the architectural concept design addition).

SAVE THE DATE:
LENTE PENANCE SERVICE
Tuesday Evening, March 17th, 2020



Scripture Readings

Sunday, March 1 First Sunday of Lent

Gn 2:7-9;3:1-7/Ps 51:3-6,12-13,17/Rom 5:12-19 or 5:12, 17-19/Mt 4:4b/Mt 4:1-11

Mon., March 2 Mon. of the First Week of Lent

Lv 19:1-2,11-18/Ps 19:8-10,15/2 Cor 6:2b/Mt 25:31-46

Tues., March 3 Tues. of the First Week of Lent

Is 55:10-11/Ps 34:4-7,16-19/Mt 4:4b/Mt 6:7-15

Wed., March 4 Wed. of the First Week of Lent

Jon 3:1-10/Ps 51:3-4,12-13,18-19/Jl 2:12-13/Lk 11:29-32

Thurs., March 5 Thurs. of the First Week of Lent

Est c:12,14-16,23-25/Ps 138:1-2abcd,3,7c-8/Ps 51:12a,14a/Mt 7:7-12

Friday, March 6 Fri. of the First Week of Lent

Ez 18:21-28/Ps 130:1-7a,7bc-8/Ez 18:31/Mt 5:20-26

Saturday, March 7 Sat. of the First Week of Lent

Dt 26:16-19/Ps 119:1-2,4-5,7-8/2 Cor 6:2b/Mt 5:43-48

Sunday, March 8 Second Sunday of Lent

Gn 12:1-4a/Ps 33:4-5,18-20,22/2 Tm 1:8b-10/Mt 17:5/Mt 17:1-9

Parish News

ACCOMPANIST POSITION

SEAS Parish seeks an enthusiastic individual to accompany on piano or organ our two Sunday Masses and various Holy Days. Applicant should possess a strong knowledge and appreciation of Roman Catholic Liturgy and a thorough knowledge of the principles related to service playing. The ability to work with various ages and musical abilities is also preferred. Compensation will be commensurate with experience per the Diocese of Richmond guidelines. Interested candidates please send a resume with references to: seassecretary@verizon.net; or P.O. Box 648, Quinton, VA 23141.

OUR DEEPEST SYMPATHY...

To Pauline Miller and daughters, Samantha and Elizabeth, who are mourning the passing of Pauline's father, Roland Ferland, who died on Ash Wednesday, February 26, 2020. Please hold the Millers and the Ferland family in prayer as we pray for the happy repose of Roland Ferland's soul.

To Christine and Greg Barlage and their children Ethan and Evan, who are mourning the loss of Christine's mother, Ruth Giesige, who passed away on Thursday, February 27, 2020. Please pray for the happy repose of Ruth's soul as we keep the Giesige and Barlage families in our thoughts and prayers.

SHROVE TUESDAY PANCAKE DINNER—THANK YOU

The K of C would like to thank Father Scott, the SEAS parishioners and many Brother Knights for the support of the successful Shrove Tuesday Pancake Dinner.

2020 GRASS-CUTTING TEAM

If you would like to help out with this year's grass-cutting team, please contact the parish office at 932-4125.

We will be putting together our schedule over the next week and are short a volunteer for the first weekend of the month, as well as volunteers for when there is a fifth weekend in the months of March, May and August. Training will be provided!!

RETURNING TO OUR FAITH MINISTRY

The SEAS Returning to Our Faith Ministry offers a compassionate and encouraging atmosphere for inactive Catholics to consider returning to our faith. The goal of the ministry is to reach out to inactive Catholics inviting them to join us for hospitality and discussion, giving them time to consider the stirrings of their hearts.

The "Catholics Come Home" program is intended to help bridge the sometimes intimidating obstacles to returning. The Faith Ambassadors from our parish will host an information session for inactive Catholics and/or parishioners that want more information, new date to follow soon.

Please consider inviting neighbors, friends or family members that may benefit from our ministry to join us.

For additional information please contact Mrs. Donna Thomson at seas.dthomson@verizon.net.

STATIONS OF THE CROSS & SOUP SUPPERS DURING LENT

During Lent we will be having Stations of the Cross on Fridays at 6:30 PM in the Church. The schedule is as follows:

2/28/2020—Greg & Iris Davis
3/06/2020—The Mary Family
3/13/2020—John & Marilyn Leyo
3/20/2020—Burlyn & Deannette Rogers
3/27/2020—The Boyer Family
4/03/2020—The Ginter Family

A vegetarian soup supper will follow the Stations of the Cross in the Rel. Ed. Building. Soup makers are still needed. A sign-up sheet is located in the Commons Area of the Church.

If interested in assisting or for more details, please contact the parish office at 932-4125.



Meeting Schedule: K of C Council 14034 meets the 1st and 3rd Thursdays of the month at 7:00 PM in the SEAS Hall. **Next meeting: Mar. 5th, Business Meeting.** **Fellow Brother Knights, dinner will be served at each meeting so please consider coming to the meetings. We appreciate your support!

Prayer Request: Please remember in your prayers John Leyo, Levie Edmond, Leonard Rapozo, Evan & Peter Ginter, J. Robert Krezel, Cathy Iwaskey, Kevin Almeida, Al Polson, Kate Nixon, Eileen Simzak, Fr. R. Smith, John Brazier's Family, Adell Clark, Eddie Baird, John (Jackie) J. Gothreau, Fred Graf, Joshua C. Gothreau, Elizabeth Robertson, Ann Gillikin, Ed Gillikin, Sr., Tony Martinez, our law enforcement, military families, and those not known to us in need of prayers.

Knight of the Month: K of C Council 14034 recognizes Gene Griffin as Knight of the Month for February. *Thank you Gene for all you do for our council and SEAS Parish!*

Family of the Month: Congratulations to the February Family of the Month, James and Alyssa Ginter & family. *Many thanks for all your help and support!*

Current Activities/Events: Helping Hands at New Kent Senior Food Pantry, Food for Families Drive, Nun Run Support Purchases, Knights in Action Parish Support and Nun Travel Support.

Membership: To learn more about the K of C at SEAS Parish, please contact Membership Director, Jack Simzak; jrrsimzak@aol.com. To learn more about the K of C in Virginia, visit the K of C website at: kofc.org/joinus.

DIocese of Richmond OFFICE OF THE BISHOP

Bishop Knestout encourages anyone aware of sexual abuse of minors on the part of clergy or staff of our diocese to notify civil authorities, call the Attorney General's Clergy Abuse Hotline at 1-833-454-9064, and reach out to the Diocesan Victim Assistance Coordinator, Jennifer Sloan at 1-877-887-9603.